

**Mothers' Union Autumn Meeting**  
**Holy Communion**  
**21 October 2021**

**Hymn**

1. Praise, my soul, the King of Heaven;  
To His feet thy tribute bring.  
Ransomed, healed, restored, forgiven,  
Evermore His praises sing:  
Praise Him, praise Him, alleluia!  
Praise the everlasting King.
2. Praise Him for His grace and favor  
To our fathers in distress;  
Praise Him still the same as ever,  
Slow to chide, and swift to bless.  
Praise Him, praise Him, alleluia!  
Glorious in His faithfulness.
3. Fatherlike He tends and spares us,  
Well our feeble frame He knows;  
In His hands He gently bears us,  
Rescues us from all our foes.  
Praise Him, praise Him, alleluia!  
Widely yet His mercy flows.
4. Angels, help us to adore Him,  
Ye behold Him face to face;  
Sun and moon, bow down before Him;  
Dwellers all in time and space,  
Praise Him, praise Him, alleluia!  
Praise with us the God of grace.

*The president may say*

In the name of the Father,  
and of the Son,  
and of the Holy Spirit.

*All*

**Amen.**

**The Greeting**

*The president greets the people*

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

*All*

**and with thy spirit.**

*Words of welcome or introduction may be said.*

*All*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

**Invitation to confession**

The gospel calls us to turn away from sin  
and be faithful to Christ.  
As we offer ourselves to him in penitence and  
faith,  
we renew our confidence and trust in his mercy.  
We confess to you our selfishness and lack of  
love:  
fill us with your Spirit.  
Lord, have mercy.  
**Lord, have mercy.**

We confess to you our fear and failure in  
sharing our faith:  
fill us with your Spirit.

Christ, have mercy.

**Christ, have mercy.**

We confess to you our stubbornness and lack of trust:

fill us with your Spirit.

Lord, have mercy.

**Lord, have mercy.**

*The president says*

Almighty God,  
who forgives all who truly repent,  
have mercy upon *you*,  
pardon and deliver *you* from all *your* sins,  
confirm and strengthen *you* in all goodness,  
and keep *you* in life eternal;  
through Jesus Christ our Lord.

*All*

**Amen.**

**Gloria in Excelsis**

*All*

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the  
Father: receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

**The Collect**

*The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said.*

God, the giver of life,  
whose Holy Spirit wells up within your Church:  
by the Spirit's gifts equip us to live the gospel of Christ  
and make us eager to do your will,  
that we may share with the whole creation  
the joys of eternal life;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**All**

**Amen.**

¶

## ***The Liturgy of the Word***

### **First Reading**

*Hebrews 6.13–end*

<sup>13</sup>When God made a promise to Abraham, because he had no one greater by whom to swear, he swore by himself, <sup>14</sup>saying, 'I will surely bless you and multiply you.' <sup>15</sup>And thus Abraham, having patiently endured, obtained the promise. <sup>16</sup>Human beings, of course, swear by someone greater than themselves, and an oath given as confirmation puts an end to all dispute. <sup>17</sup>In the same way, when God desired to show even more clearly to the heirs of the promise the unchangeable character of his purpose, he guaranteed it by an oath, <sup>18</sup>so that through two unchangeable things, in which it is impossible that God would prove false, we who have taken refuge might be strongly encouraged to seize the hope set before us. <sup>19</sup>We have this hope, a sure and steadfast anchor of the soul, a hope that

enters the inner shrine behind the curtain, <sup>20</sup>where Jesus, a forerunner on our behalf, has entered, having become a high priest for ever according to the order of Melchizedek.

*At the end the reader may say*

This is the word of the Lord.

*All*

**Thanks be to God.**

### **Hymn**

Timeless love! We sing the story,  
praise his wonders, tell his worth;  
love more fair than heaven's glory,  
love more firm than ancient earth!  
Tell his faithfulness abroad:  
who is like him? Praise the Lord!

By his faithfulness surrounded,  
north and south his hand proclaim;  
earth and heaven formed and founded,  
skies and seas, declare his Name!  
Wind and storm obey his word:  
who is like him? Praise the Lord!

Truth and righteousness enthrone him,  
just and equal are his ways;  
more than happy, those who own him,  
more than joy, their songs of praise!  
Sun and Shield and great Reward:  
who is like him? Praise the Lord!

*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to Saint Mark.

*All*

**Glory to you, O Lord.**

### **Gospel Reading**

<sup>35</sup>When evening had come, Jesus said to his disciples, 'Let us go across to the other side.'<sup>36</sup>And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. <sup>37</sup>A great gale arose, and the waves beat into the boat, so that the boat was already being swamped. <sup>38</sup>But he was in the stern, asleep on the cushion; and they woke him up and said to him, 'Teacher, do you not care that we are perishing?'<sup>39</sup>He woke up and rebuked the wind, and said to the sea, 'Peace! Be still!' Then the wind ceased, and there was a dead calm. <sup>40</sup>He said to them, 'Why are you afraid? Have you still no faith?' <sup>41</sup>And they were filled with great awe and said to one another, 'Who then is this, that even the wind and the sea obey him?'

This is the Gospel of the Lord.

*All* **Praise to you, O Christ.**

## **Sermon**

*The president says*

Let us declare our faith in God, Father, Son and Holy Spirit.

*All* **We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.  
For us and for our salvation he came down  
from heaven,**

**was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living  
and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped  
and glorified,  
who has spoken through the prophets.  
We believe in one holy catholic and apostolic  
Church.  
We acknowledge one baptism for the  
forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

### **Prayers of Intercession**

*These responses may be used*

*All* Lord, in your mercy  
**hear our prayer.**

*And at the end*

*All* Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ. Amen.**



***The Liturgy of the Sacrament***

## **The Diocesan Prayer**

God, we give thanks that your Spirit enables us to work to your praise and glory in all that we do. Renew our hope and confidence to live our lives worthy of the gospel. Help us to reach out in faith and loving service to all who are struggling in our communities; those who are together and those who are apart; that every tongue will confess Jesus Christ as Lord. AMEN

## **The Peace**

We are all one in Christ Jesus.  
We belong to him through faith,  
heirs of the promise of the Spirit of peace.

*All*

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

## **Preparation of the Table**

## **Taking of the Bread and Wine**

*The gifts of the people may be gathered and presented.*

*The table is prepared and bread and wine are placed upon it.*

## **Hymn**

Eternal Father, strong to save  
Whose arm hath bound the restless wave  
Who biddest the mighty ocean deep  
Its own appointed limits keep;  
Oh, hear us when we cry to Thee  
For those in peril on the sea!

O Christ! Whose voice the waters heard  
And hushed their raging at Thy Word  
Who walked on the foaming deep  
And calm amidst its rage didst sleep;  
Oh, hear us when we cry to Thee  
For those in peril on the sea!

Most Holy Spirit! Who didst brood  
Upon the chaos dark and rude  
And bid its angry tumult cease  
And give, for wild confusion, peace;  
Oh, hear us when we cry to Thee  
For those in peril on the sea!

O Trinity of love and power!  
Our family shield in danger's hour;  
From rock and tempest, fire and foe  
Protect us wheresoever we go;  
Thus evermore shall rise to Thee  
Glad hymns of praise from land and sea

*The president takes the bread and wine.*

As the grain once scattered in the fields  
and the grapes once dispersed on the hillside  
are now reunited on this table in bread and  
wine,  
so, Lord, may your whole Church soon be  
gathered together from the corners of the earth  
into your kingdom.

*All*

**Amen.**

**The Eucharistic Prayer**

*All* The Lord be with you  
**and also with you.**

*All* Lift up your hearts.  
**We lift them to the Lord.**

*All* Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

.....we echo the song of the angels in heaven,  
evermore praising you and *saying*:

*All* **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of  
the Lord.  
Hosanna in the highest.**

.....by whom, and with whom, and in  
whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

*All* **Amen.**

## **The Lord's Prayer**

As our Saviour taught us, so we pray:

**All**

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**All**

**Though we are many, we are one body,  
because we all share in one bread.**

## **Giving of Communion**

*The president says the invitation to communion*

God's holy gifts  
for God's holy people.

**All**

**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*The president and people receive communion.*

*Authorized words of distribution are used and  
the communicant replies*

**Amen.**

### **Prayer after Communion**

Lord God, you feed us with the living bread  
from heaven:

Renew our faith,  
Increase our hope,  
and strengthen our love.

Teach us to hunger  
For Christ who is the true and living bread,  
And to live by every word  
That comes from your mouth,  
Through Jesus Christ our Lord

**Amen.**

*Silence is kept.*

*All*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus  
Christ.**

**Through him we offer you our souls and  
bodies  
to be a living sacrifice.**

**Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.**

**Amen.**

## Hymn

All my hope on God is founded;  
he doth still my trust renew,  
me through change and chance he guideth,  
only good and only true.  
God unknown, he alone  
calls my heart to be his own.

Pride of man and earthly glory,  
sword and crown betray his trust;  
what with care and toil he buildeth,  
tower and temple fall to dust.  
But God's power, hour by hour,  
is my temple and my tower.

God's great goodness aye endureth,  
deep his wisdom, passing thought:  
splendor, light and life attend him,  
beauty springeth out of naught.  
Evermore, from his store  
new-born worlds rise and adore.

Daily doth the almighty Giver  
bounteous gifts on us bestow;  
his desire our soul delighteth,  
pleasure leads us where we go.  
Love doth stand at his hand;  
joy doth wait on his command.

Still from man to God eternal  
sacrifice of praise be done,  
high above all praises praising  
for the gift of Christ, his Son.  
Christ doth call, one and all:  
ye who follow shall not fall.

## **Blessing**

The God of hope fill you with all joy and peace  
in believing  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All*

**Amen.**

*A minister says*

Go in peace to love and serve the Lord.

*All*

**In the name of Christ. Amen.**

*The ministers and people depart.*

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