

## ***Quilts for Neonatal Units***



The following instructions are based on the requirements for Milton Keynes University Hospital Neonatal Unit; please contact your local Neonatal Unit to ask what their exact requirements are.

### ***Materials***

- 2 pieces of soft cotton or polyester/cotton 22inches x 17inches
- 1 piece medium weight polyester wadding 21inches x 16inches
- Polyester sewing thread

### ***Instructions***

- Place fabric wrong sides together sew around, using a ½ inch seam, leaving a 4 inch gap to allow you to turn right side out.
- Turn right side out and press.
- Insert wadding, taking care to push into each corner.
- Hand sew the opening.
- Pin through all layers to keep the wadding to keep it in place while quilting. Safety pins can be useful for this.
- Quilt in two rectangles as seen in the picture.
- Attach a Mothers' Union label.